

<u>Suggested Food Items</u>				
<b><u>Breakfast</u></b>		#	#	#
Cereal (Box) or Individual Servings				
Instant Oatmeal (Individual Packets)				
Granola/Fruit Bars				
Pop Tarts				
<b><u>Lunch</u></b>				
Ramen Noodles				
Peanut Butter & Jelly (Small Plastic Jars)				
Soup (Flip Top Cans)				
Canned Pasta (Flip Top Cans) or Pasta Bowls				
Mac & Cheese (Individual Servings)				
Applesauce Cups				
Fruit Cups				
Jell-O Cups				
<b><u>Snacks</u></b>				
Pudding Cups				
Individual Snack Bags (Chips, pretzels, etc.)				
Cookies/Treats (Individually Wrapped Packs)				
Popcorn (Microwave)				
Peanut Butter or Cheese Crackers				
<b><u>Drinks</u></b>				
Hot Chocolate (individual Packets)				
Juice Boxes				
Drink Mix Packets				
→	We fill 16 bags per week			
	2 children per bag - 2 Breakfasts, 2 Lunches & 2 Snacks			
	<b>Total of 32 children per week</b>			

