

<u>Suggested Food Items</u>				
<u>Breakfast</u>		#	#	#
Cereal (Box) or Individual Servings				
Instant Oatmeal (Individual Packets)				
Granola/Fruit Bars				
Pop Tarts				
<u>Lunch</u>				
Ramen Noodles				
Peanut Butter & Jelly (Small Plastic Jars)				
Soup (Flip Top Cans)				
Canned Pasta (Flip Top Cans) or Pasta Bowls				
Mac & Cheese (Individual Servings)				
Beans & Weiners (Individual Servings)				
Apples Sauce Cups				
Fruit Cups				
Jell-O Cups				
<u>Snacks</u>				
Pudding Cups				
Individual Snack Bags (Chips, pretzels, etc.)				
Cookies/Treats (Individually Wrapped Packs)				
Popcorn (Microwave)				
Peanut Butter or Cheese Crackers				
<u>Drinks</u>				
Hot Chocolate (individual Packets)				
Juice Boxes				
→	Presently we fill 12 bags per week			
	2 children per bag - 2 Breakfasts, 2 Lunches, 2 Snacks, 2 Drinks			
	<u>Total of 24 children per week</u>			

